

# LEIGHTON UNITED FC

## COVID-19: GUIDANCE FOR SPECTATORS ATTENDING LEIGHTON UNITED FOOTBALL ACTIVITIES



This guidance is based on that issued by the Football Association for restarting outdoor competitive grassroots football. For Leighton United teams it applies to all football activities at all venues. It includes use of facilities at the club's ground.

As always, the safety of players, coaches, parents/guardians/carers, officials, volunteers, spectators and contractors is paramount. Therefore, this guidance **MUST** be followed at all times.

### 1. COVID-19 PARENTAL CONSENT FORM

1.1 A consent form must have been completed for all Leighton United players.

### 2. COVID-19 SYMPTOM CHECKS

2.1 Everyone attending to support a Leighton United team, home and away, training sessions and matches, must have completed a Covid-19 self-assessment screening check and reported to the team coach on arrival. At the ground, Covid-19 symptoms will be indicated on noticeboards and include:

- A high temperature
- A new, continuous cough
- A loss of, or change to, their sense of smell or taste

2.2 It will be assumed that visiting teams have done and recorded their own self-assessment screening checks and collected their NHS Test and Trace contact details.

2.3 Anyone with Covid-19 symptoms or who has been asked to self-isolate by NHS Test and Trace should stay at home and not be at a footballing activity. People who are shielding or in vulnerable health groups are also advised to stay at home.

### 3. COMPLIANCE WITH NHS TEST AND TRACE

3.1 On arrival at every football occasion, regardless of venue, all Leighton United team supporters must provide the team coach with contact details for everyone in their group. This include players, siblings, other family members and friends. Contact details to be at least names and contact telephone numbers.

3.2 In accordance with the NHS process, contact details will be retained by the club for 21 days and only used for the purpose of NHS Test and Trace.

### 4. TRAVELLING TO LEIGHTON UNITED FOOTBALL

4.1 Travelling should comply with current UK Government guidance.

4.2 You are reminded that car occupants should only be from a household or support bubble. Using public transport and car sharing with anyone outside of their household or support bubble is discouraged.

### 5. ARRIVING AND DEPARTING THE LEIGHTON UNITED GROUND

5.1 For all football activities at the club's ground, Leighton United team coaches will be advised in advance by the Pitch Coordinator of an arrival and departure time for their team and the allocated training area or match pitch.

5.2 Coaches will forward the designated time slot and playing location to their parent base (using whatever form of communication they choose).

- 5.3 To avoid congestion at the ground, the designated timings must be adhered to. Meet up/congregating time is to be kept to the absolute minimum. Players must not arrive early and leave late, otherwise the footballing activities of other teams on the same day could be delayed or curtailed.**
- 5.4 The ground will not be available to teams outside of the allocated slots.**
- 5.5 Please park sensibly and maintain social distancing at all times.**
- 5.6 There should be no mingling in the car park or clubhouse environs.**
- 5.7 Players must arrive in full playing kit.**
- 5.8 Players must go or be taken straight from the car park to the allocated training area or match pitch, maintaining social distancing.**
- 5.9 No other children are allowed to play any ball games during training or matches. They should either be managed not to run around or remain in ventilated vehicles.**
- 5.10 Leighton United team coaches should deliver a safety briefing for both players and spectators at the start of every footballing activity.**
- 5.11 It is the player's and parent's responsibility to ensure that players effectively wash or sanitise their hands immediately before and after a training session or match, and during if the coach considers it necessary to maintain effective hygiene.**
- 5.12 Players should have their own water bottle clearly labelled with their name and their own alcohol-based hand sanitiser.**
- 5.13 Sharing of water bottles and food is banned, unless the parent base has indicated that siblings can share.**
- 5.14 If a player has a pre-existing long-term medical condition, then all appropriate treatments must be provided and administered by the parent base as needed.**
- 5.15 At the end of a training session or match, coaches will ensure that players stay in their designated area until collected by the parent base. Waiting in car parks or other general access areas must be avoided.**

## **6. SOCIAL DISTANCING**

- 6.1 Everyone must comply with social distancing immediately on arrival at the ground, i.e. from the car park or entrance gates onwards. This currently means at least 2 metres or 1 metre with risk mitigation (where 2 metres is not viable).**
- 6.2 Social distancing will be monitored, including by the CCTV system.**
- 6.3 Non-compliance with social distancing risks the numbers attending future team footballing events being restricted, more stringent measures being introduced, or a training session being abandoned.**

## **7. SIGNAGE**

- 7.1 Please comply with all signage at the ground.**

## **8. CLUB FACILITIES: TOILETS**

- 8.1 Toilets at the ground will be open but all other parts of the clubhouse will be closed to visitors.**
- 8.2 There will be a one-way system to the toilets, entering via the main clubhouse entrance and leaving by the car park side entrance. The toilets in Changing Rooms 1 (male) and 2 (female) will also be available.**

**8.3 There will hand sanitiser for use at the main entrance.**

**8.4 Toilets will operate on a one-out one-in arrangement – applies to entire toilet rooms, not to individual cubicles. There must be no waiting inside toilet rooms.**

**8.5 Social distancing must be observed in passageways and congestion avoided.**

**8.6 While social distancing measures will be implemented, with the toilets being enclosed indoor spaces users could encounter people they do not normally meet. Users over 11 years of age may therefore choose to wear a face covering.**

**8.7 Hand washing with liquid soap will be available in the toilets.**

**8.8 Toilets and contact areas (e.g. door handles) will be cleaned regularly, so please observe closed for cleaning signs.**

## **9. CLUB FACILITIES: REFRESHMENTS**

**9.1 If refreshments are available, they will be served from the kitchen window.**

**9.2 Only drinks in disposable cups and packaged food, e.g. packaged chocolate bars, biscuits, crisps etc. will be served.**

**9.3 There will be no shared items - milk and sugar will be added to drinks in the kitchen.**

**9.4 A socially distanced, one-way queuing system will be in place, indicated by appropriate signage.**

## **10. SPECTATING**

**10.1 There will be outlined socially distanced areas at the ground for teams, officials and spectators.**

**10.2 For matches, it is recommended that Leighton United spectators locate on the opposite side of a pitch to those from the opposing team.**

**10.3 Spectators should not gather in groups of more than 6 from different households. Gatherings larger than 6 should only take place if everyone is exclusively from 2 households or support bubbles. Groups should spread out so there is social distancing between groups. There must be no crowding around players, team coaches, substitutes or officials.**

**10.4 Only team coaches should handle football equipment, including footballs.**

**10.5 Spectators must not handle or head footballs. When a ball goes out of play it should be retrieved by a player or coach, using feet whenever possible. Spectators should not retrieve footballs.**

## **11. PLAYER BEHAVIOUR**

**11.1 Players must comply with the FA Code of Behaviour published in the restarting of grassroots football guidance.**

**11.2 Any player who deliberately does not comply with requirements should firstly be warned by the team coach. If the player continues to disregard the requirements, they should be asked to leave the training session or match, provided it is safe to do so**

## **12. FURTHER INFORMATION**

**12.1 Please contact the club's Covid-19 Officer, Alan Redrup via the club website or mobile no. 07465 418160.**